

April 2019

Resources for Job Seekers Age 40+



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Resource Center 9:00 – 1:00</p>	<p>2</p> <p>Resource Center Closed</p>	<p>3</p> <p>Connections Network! 9:00 – 11:00 What Recruiters Look For in a Candidate</p> <p>Resource Center 11:30 – 1:00</p>	<p>4</p> <p>Resource Center Closed</p>	<p>5</p> <p>Resource Center 8:00 – 12:00</p>
<p>8</p> <p>Resource Center Closed</p>	<p>9</p> <p>Resource Center Closed</p>	<p>10</p> <p>Connections Network! 9:00 – 11:00 Fighting Back Against Stress</p> <p>Resource Center Closed</p>	<p>11</p> <p>Resource Center Closed</p>	<p>12</p> <p>Resource Center Closed</p>
<p>15</p> <p>Resource Center 9:00 – 1:00</p>	<p>16</p> <p>Resource Center Closed</p>	<p>17</p> <p>Connections Network! 9:00-11:00 Enhance Your Professional Brand with LinkedIn</p> <p>Resource Center Closed</p>	<p>18</p> <p>Resource Center 8:00 – 11:00</p>	<p>19</p> <p>Resource Center 8:00 – 12:00</p>
<p>22</p> <p>Resource Center 9:00 – 1:00</p>	<p>23</p> <p>Resource Center Closed</p>	<p>24</p> <p>Connections Network! 9:00-11:00 Arapahoe County Library Resources</p> <p>Resource Center Closed</p>	<p>25</p> <p>Resource Center 8:00 – 10:00</p>	<p>26</p> <p>Resource Center 8:00 – 12:00</p>
<p>29</p> <p>Resource Center 9:00 – 1:00</p>	<p>30</p> <p>Resource Center Closed</p>			



Arapahoe/Douglas Works! 6974 South Lima Street Centennial, CO 80112 303-636-1160

Connections Network! Generations @Work Connections Network! provides an opportunity for you to network with other job seekers, pick up fresh ideas and resources for a successful job search, and learn more about navigating a targeted job search. Guest speakers will occasionally join us to lead insightful discussions on labor market information and employment opportunities.

4/3 What Recruiters Look For in a Candidate: [Kathy Zarlengo](#) was formerly the recruiter for Wellbridge Athletics and is now a member of the Business Development team. Join Kat to gain insights into the needs and hiring practices of recruiters and what many companies are looking for in potential candidates.

4/10 Fighting Back Against Stress: Are you stressed? Did you know stress affects our immune function, ability to lose weight, sleep quality, blood circulation, skin health, digestive function, and so much more? Come learn how to make stress a friend, not a foe! Guest speaker [Helen Dinerman](#), Nutritional Health Coach with Vitamin Cottage Natural Food Market presents this health topic.

4/17 Enhance Your Professional Brand with LinkedIn: Guest speaker [Joyce Feustel](#), Founder of Boomers' Social Media Tutor, provides an overview of LinkedIn best practices. Joyce focuses on "making social media simple, easy & fun."

4/24 Arapahoe County Library Resources: [Summer Greenwood](#), Career Services Librarian, will be providing an overview of the services and programs offered at Arapahoe Libraries. Job seekers will learn how to use the library online learning program and other career resources.

Generations @Work Resource Center Hours*: Drop in during resource center hours to receive assistance with filling out online applications, tailoring your resume, developing your elevator speech, preparing for an interview, and exploring your career interests! We welcome you to utilize the Resource Center as a dedicated space to work on your job search.

*Workforce Center staff are available at the front desk to provide support when the Generations @Work Resource Center is closed.