A note for those seeking services:
To continue to meet the needs of the community and those patients requiring admission to residential levels of care or utilizing walk in crisis services, while limiting the possibility of contributing to poor outcomes for individuals at highest risk due to COVID-19 exposure, all facilities are completing a screening process that will ask about various risk factors (travel, exposure, symptoms, comorbidities, age, etc). Anyone experiencing symptoms should contact their medical professional.

All counseling services are being delivered via telehealth capabilities.

<table>
<thead>
<tr>
<th>Organization</th>
<th>Services Offered</th>
<th>Location(s)</th>
<th>How to Access</th>
<th>Payment</th>
</tr>
</thead>
</table>
| All Health Network          | • Telehealth Counseling services  
• Substance Use treatment  
• Walk In center-evaluation and support for psych emergencies. 24/7  
• Residential  
• Adult, adolescent and child | Castle Rock  
DTC  
Highlands Ranch  
Littleton  
Parker | 303-730-8858  
Santa Fe House: 24-hour Crisis Stabilization Walk in Center:  
6509 S Santa Fe Dr  
Littleton, CO 80210 | Insurance (no Kaiser)  
Medicaid  
Medicare  
Self-Pay |
| Aspen Ridge Recovery        | • Telehealth counseling services  
• Residential and detox services  
• Mental Health and Substance Use | Lakewood | 855-273-7802 | Insurance (no Kaiser)  
Self-Pay |
| Aurora Mental Health        | • Telehealth counseling services  
• Residential and detox services  
• Remote Medication Management  
• Mental health and Substance Use | Aurora  
(multiple locations) | New Patients:  
303-617-2300  
Med Mgmt:  
303-923-6300  
Crisis Services:  
(844) 493-8255 | Insurance (no Kaiser)  
Medicaid  
Medicare  
Self-Pay |
| Colorado Crisis Services    | • Immediate help for mental health, substance use or emotional concerns  
• Walk In centers | Aurora  
Littleton  
Colorado Springs | Call: 844-493-8255  
Text: “TALK” to 38255  
Online Chat: Coloradocrisisservices.org (4p-12a) | Crisis Line:  
No Cost  
Walk In:  
Insurance (no one is turned away for inability to pay) |
## Mental Health Resources

<table>
<thead>
<tr>
<th>Community Response Teams</th>
<th>Servicing all of Douglas County</th>
<th>Dispatched by law enforcement</th>
<th>No Cost</th>
</tr>
</thead>
</table>
| **Denver Springs** | • Tele-Therapy  
• 24/7 screening and acceptance for all inpatient/outpatient programs  
• Mental Health/Substance Use treatment  
• Adult and adolescent programs | Englewood Parker | 720-744-3813 | Insurance (no Kaiser)  
No Cost Assessments |
| **Heart Centered Counseling** | • Therapy and Psychiatry services  
• Adult, couples, child and teen counseling | Various Locations | 970-310-3406 | Insurance (no Kaiser)  
Medicaid  
Self-Pay |
| **Highlands Behavioral Health** | • Psychiatric hospitalization  
• Partial hospitalization programs  
• Intensive Outpatient treatment  
• Adult and Adolescent treatment | Littleton | 720-348-2800  
24/7 no cost assessments | Medicaid  
Medicare  
Insurance (no Kaiser) |
| **Juvenile Assessment Center** | • Provides screening, assessment and resource connection for youth and their families experiencing barriers to stability | Centennial | 720-213-1320 | No cost  
(Will bill Medicaid if applicable) |
| **NAMI Arapahoe/Douglas** | • Education for caregivers  
• Support Groups  
• Mental Health Resources and Supports | Englewood | Namiadco.org  
303-991-7688 | No cost |
# Mental Health Resources

<table>
<thead>
<tr>
<th>Peak View Behavioral Health</th>
<th>Colorado Springs</th>
<th>888-235-9475</th>
<th>Insurance (no Kaiser) Self-Pay</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Mental Health/Substance Use treatment</td>
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<tr>
<td>• Inpatient and Outpatient treatment</td>
<td></td>
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<tr>
<td>• Adult and Youth programs (7+)</td>
<td></td>
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<tr>
<td>Signal</td>
<td>Greenwood Village</td>
<td>888-607-4462</td>
<td>No Cost</td>
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<tr>
<td>• Mental Health/Substance Use resources</td>
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<tr>
<td>• Crisis Services connection</td>
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</tbody>
</table>

For those with Kaiser Insurance:

- They can call any of Kaiser’s behavioral health centers (Baseline, Hidden Lake, Highline, Ridgeline or Skyline Behavioral Health Center) for a mental health or chemical dependency appointment without a referral from their personal physician: 303-471-7700.
- Talk to an advice nurse 24/7 at 303-338-4545 (TTY for the hearing/speech impaired: 711).
- Take a class or join a group to explore emotional and mental health conditions: depression, anxiety disorders, insomnia, couple’s communication, chemical dependency, anger, parenting, and more. Call one of our behavioral health centers to learn more.
- Contact Member Services at 303-338-3800 (TTY: 711), weekdays, 8 a.m. to 5 p.m. to find resources to help with adult home health care, hospice services, and more.
- Call the Senior Resource Line for support with community resources, transportation, financial aid, support groups, classes on aging, and more. Call 303-636-3030 (TTY: 711), weekdays, 9 a.m. to 1 p.m.