Pursue Your Passion!
Thank you for viewing the online curriculum brought to you by Arapahoe/Douglas Works!

• If you have questions and/or would like to follow-up with a Career Services Advisor please fill out a brief form for a virtual consultation.
  • https://fs8.formsite.com/adworks/form52/index.html
The Secret Life of Walter Mitty - 2013
Steps to Pursue Your Passion

• Find your “WHY”
• Set ULTIMATE goals
• Set MILESTONE goals
• Change and reevaluate the plan
• Don’t give up
• Learn from your mistakes
Why Do Most People Work?

• **53%** of US workers are not engaged at work
  
  "not engaged" means they may be generally satisfied but are not cognitively and emotionally connected to their work and workplace

• **13%** are actively **DISENGAGED**!
  
  “Disengaged” means they’re unhappy and bring others down with them.

• Only **34%** are actively engaged.
Know YOUR
“Why”
The Wright Brothers Took Flight with Their “Why”
Find Out What You Love!

Choose a job you love, and you will never have to work a day in your life.

~ Confucius
“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid.”

~ Albert Einstein
If you don’t know your “WHY,” FIND IT!

1. What did you LOVE to do in your youth?
2. What are you doing when you lose track of time?
3. What do you have a passion for?
4. What tasks have you liked in previous jobs?
5. Try new things (even if you think you won’t like it... you might be surprised)
Breakout Activity

• Look at the “Find Your Passion” handout and fill in as many blanks as you can. (5 minutes)

• Discuss one to two of your answers on the worksheet in groups of 2 – 3, and brainstorm ideas for how to incorporate your passion into your career. (2 – 3 minutes per person)
A Goal Should be...

- **S**pecific
- **M**easureable
- **A**ttainable (possible)
- **R**elevant to your end result
- **T**rackable and have **T**imelines

**Bonus!**
- **I**nspirational
- **E**ngaging the right people
Ultimate Goal:
Write a Book

Milestone Goals:

☐ Step 1: Research Topic and organize book outline

☐ Step 2: Write one chapter each month

☐ Step 3: Have manuscript edited

☐ Step 4: Publish Book in 15 months

VISUALIZE your goals as if they have already happened
Be Specific & Set Timelines

Ultimate Goal: Write a book

**Specific:** I will write a book about (topic) that is a minimum of 120 pages.

**Measureable:** I will research and write one, ten-page chapter per month, or at least 2.5 pages per week.

**Attainable:** I will work on the manuscript first, and will begin to research publishing options in month 3.

**Relevant:** Writing a book on (topic) will help me pursue my passion of being a consultant and establish myself as an expert.

**Trackable/Timeline:** My manuscript will be completed in one year, and will be ready to be published in 15 months.
Be Specific & Set Timelines

Ultimate Goal: Write a book

Step 1

☐ Research topic and organize book outline
  ☐ Read other books and articles on the topic
  ☐ Interview experts or people involved with that topic
    ▪ Set at least two appointments per week
    ▪ Ask for referrals for other knowledgeable sources
  ☐ Determine number of chapters and information to cover

Step 2

☐ Write one chapter a month
  ☐ Research and write one, ten-page chapter per month, or at least 2.5 pages per week.
  ☐ Adjust book outline as needed for chapter addition or removal
Be Specific & Set Timelines

Ultimate Goal: Write a book

Step 3

□ Edit manuscript
  □ Proof each book section and chapters for grammar and spelling errors
  □ Have at least 3 other people read and proof the book within 2 weeks
  □ Additional ideas?

Step 4

□ Publish Book
  □ Research publishing options and companies
  □ Send manuscript copies to publishers
  □ Additional ideas?

Plan REWARDS when you complete your Milestone Goals, and a huge party for achieving your ULTIMATE GOAL!
Getting Started

Take a few minutes to start writing down an ultimate goal with milestone goals on the handout.

A Goal Should be...
- Specific
- Measurable
- Attainable (possible)
- Relevant to your end result
- Trackable and have Timelines

My Ultimate Goal:


Milestone Goals:
When you’re a kid, life tends to “give” you motivators

LIFE

PARENTS
SIBLINGS
TEACHERS
COACHES
Now Choose!

Share, Report, and Celebrate!

Successful Family and Friends

You

Coaches

Teachers

Mentors / Counselors

Arapahoe/Douglas Workforce Center

A proud partner of the American Job Center Network
**Distractions**

- **People:** Unsupportive family/friends
- **Places:** Where distracting people hangout
- **Electronics:** Too much time on a phone, computer, video game

**Motivators**

- **People:** Successful family/friends, business partner(s)
- **Places:** Work, house, where successful people are
- **Books:** Starting a Business for Dummies
- **Hobbies:** Sports, video games, working out
Change & Reevaluate

NEVER QUIT, BECAUSE FAILURE LEADS TO SUCCESS!
CHANGE is the only GUARANTEE, and our response is what we should CONTROL.
How Steve Jobs Dealt with Change

Becomes Apple’s CEO Once Again

DROPPED “IN” ON:
Calligraphy

DROP out

ADOPTED

YOU'RE FIRED!
Change & Reevaluate

What if a goal or deadline isn’t met?

- The celebration/reward you planned doesn’t happen
- Write what hurdles got in the way, and how to avoid them in the future
- Let go of what was beyond your control to change
- Talk to your people and get advice
- Invest time in writing a changed and revised plan

BARRIERS ARE JUST UNDISCOVERED SOLUTIONS!
CELEBRATE!
WHEN YOU COMPLETE A GOAL!
Don’t Wait, Start Now!

- Take a Start a Business class at ADWorks!, Chamber of Commerce, or Small Business Association
- Do your passion part-time
- Temporary work related to your passion
- Join the Gig Economy: Upwork.com
- Work with a mentor or group
GO!
PURSUE YOUR PASSION!
Please complete the Workshop Evaluation

1 is a low score
5 is a high score

THANK YOU FOR YOUR TIME!