

## RESEARCH

### CAREERS:

www.colmigateway.com  
www.onetonline.org  
www.myskillsmyfuture.org

### COMPANIES:

Company Websites  
Visit the Company Network  
Company Culture

“It is not the strongest of the species that survive, nor the most intelligent, but the one most responsive to change.”  
- Charles Darwin

## DAILY HABITS:

- Write a positive note
- Journal about something positive that happened in the last 24 hours
- Exercise for 10 minutes
- Meditate for 2 minutes
- Write 3 things you're thankful for

- Shawn Achor

## ITEMS NEEDED TO MAKE JOB SEARCH SUCCESSFUL:

- Job/Industry target information
- Job description
- Company research
- Master application
- Master résumé
- Cover letter
- Networking information
- Business cards
- Interviewing skills
- Thank you cards
- Job search contact log
- I-9 information
- References (work and personal)
- Education documentation
- Awards and recognitions
- Certifications/licenses
- Social media profiles
- Interview clothes
- Calendar or schedule



## SOCIAL MEDIA EXPLAINED (DONUT EDITION)

- « I'm eating a donut »
- « I like donuts »
- « This is where I eat donuts »
- « Here's a video of me eating a donut »
- « Here's a vintage photo of my donut »
- « Here's a pretty donut recipe »
- « Here's a viral picture of my donut »
- « My skills include donut eating »
- « Now listening to "Donuts" »
- « I'm a Google employee who eats donuts »

www.ap46.net

## Jump Start Your Job Search!

www.onetonline.org  
www.myskillsmyfuture.org  
www.connectingcolorado.com  
www.coloradononprofits.org  
www.governmentjobs.com  
www.colmigateway.com  
www.craigslist.org  
www.usajobs.gov

### Use O\*Net to:

- Research Careers that Interest You
- Build Your Resume
- Look at Labor Market Information
- Research Salary Information
- Find Green Occupations
- Compare Skills to Occupations



