

# DISCOVERING ARAPAHOE/ DOUGLAS WORKS!

## Labor Market

www.onetonline.org  
 adworks.emsicareercoach.com  
 www.myskillsmyfuture.org  
 www.colmigrateway.com



### UI Job Contacts:

Application/Resume  
 Assessments  
 Interviews

**KEEP FOR  
2 YEARS!!!**

- ◆ Must have 5 per week on 2 different days
- ◆ Must be an open position

## WORKFORCE INNOVATION & OPPORTUNITY ACT ADULT & DISLOCATED WORKER

- ASSISTANCE WITH JOB LEADS
- RESUME ASSISTANCE AND CRITIQUE
- MOCK INTERVIEWING
- EMPLOYMENT READINESS WORKSHOPS
- TALENT MARKETABILITY
- EDUCATION AND CAREER ASSESSMENTS
- LABOR MARKET RESEARCH
- SHORT TERM TRAINING ASSISTANCE

## YOUNG ADULT PROGRAM (16-24)

- CAREER COUNSELING
- GED PREPARATION
- FINANCIAL HELP FOR EDUCATION
- MENTORING
- REFERRALS TO SCHOOL

## THE WORKSHOPS YOU SHOULD TAKE

- Ageless Career Search**  
-Leverage your experience in your search
- Career Kick Start**  
-Searching for a new career is tough... We can help!
- Career Reinvention**  
-Seeking a career change is a must
- Emotional Intelligence**  
-Knowing emotions = success
- Federal Employment 1 & 2**  
-The full walkthrough of the Federal employment process
- Interviewing 1, 2 & 3**  
-Know yourself to sell yourself!
- Interviewing Techniques II**  
-Practice your Elevator Pitch and STAR Stories
- LinkedIn**  
-You've got a lot to learn
- Networking**  
-You know people, they know people, and they can help you
- Phone Interviews**  
-How to prepare for the call
- Pursue Your Passion**  
-Discover. Plan. Create. Repeat!
- Resume Concepts 1 & 2**  
-The complete guide to the modern formats and styles
- Salary Negotiations**  
-Don't hate the player, hate the game!
- True Colors**  
-How do we communicate with others by knowing ourselves
- Workplace Values**  
-Determine YOUR fit

@adworks303

ADW Connections

## Connecting Colorado

Update your profile!

1. Contact information \*NO YAHOO.COM
2. Unemployment status
3. Recent job history

## The B.A.C.

- Prove Its
  - Pre-GED
  - TABE Tests
  - Career Assessments - Youscience
  - Custom Guide Tutorials
- \*lgadlin@arapahoegov.com

