

# February 2021 ~ General Lima Workshops

Click on the workshop to register and attend

Access codes for each workshop will be in the [Upcoming Events](#)

To attend Mock Interviewing, email [CHoschouer@arapahoe.gov](mailto:CHoschouer@arapahoe.gov) to request a link

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b></p> <p>Ageless Career Search 9:00 – 11:00</p> <p>Engage with a Career Advisor 1:30 – 3:30</p>	<p><b>2</b></p> <p>Interviewing 9:00 – 11:00</p> <p>LinkedIn 1:30 – 3:30</p>	<p><b>3</b></p> <p>Discovering ADW! 9:00 – 10:30</p> <p>Phone Interview 11:00 – 12:00</p> <p>Networking 1:30 – 3:30</p>	<p><b>4</b></p> <p>Mock Interviewing 9:00 – 11:00 Max 6 per class</p> <p>Resumes 1:30 – 3:30</p>	<p><b>5</b></p> <p>Salary Negotiations 9:00 – 10:30</p>
<p><b>8</b></p> <p>Emotional Intelligence 9:00 – 11:00</p> <p>Career Reinvention 1:30 – 3:30</p>	<p><b>9</b></p> <p>Interviewing 9:00 – 11:00</p> <p>Mock Interviewing 1:30 – 3:30 Max 6 per class</p>	<p><b>10</b></p> <p>Discovering ADW! 9:00 – 10:30</p> <p>Career Kickstart 11:00 – 12:00</p> <p>Engage with a Career Advisor 1:30 – 3:30</p>	<p><b>11</b></p> <p>LinkedIn 9:00 – 11:00</p> <p>Resumes 1:30 – 3:30</p>	<p><b>12</b></p> <p>Workplace Values 9:00 – 11:00</p> <p>Phone Interview 1:30 – 2:30</p>
<p><b>15</b></p> <p><b>HOLIDAY</b></p>	<p><b>16</b></p> <p>Interviewing 9:00 – 11:00</p> <p>LinkedIn 1:30 – 3:30</p>	<p><b>17</b></p> <p>Discovering ADW! 9:00 – 10:30</p> <p>Phone Interview 11:00 – 12:00</p>	<p><b>18</b></p> <p>Mock Interviewing 9:00 – 11:00 Max 6 per class</p> <p>Resumes 1:30 – 3:30</p>	<p><b>19</b></p> <p>Salary Negotiations 9:00 – 10:30</p> <p>Ageless Career Search 1:30 – 3:30</p>
<p><b>22</b></p> <p>Emotional Intelligence 9:00 – 11:00</p> <p>Career Reinvention 1:30 – 3:30</p>	<p><b>23</b></p> <p>Interviewing 9:00 – 11:00</p> <p>Mock Interviewing 1:30 – 3:30 Max 6 per class</p>	<p><b>24</b></p> <p>Discovering ADW! 9:00 – 10:30</p> <p>Career Kickstart 11:00 – 12:00</p> <p>Engage with a Career Advisor 1:30 – 3:30</p>	<p><b>25</b></p> <p>LinkedIn 9:00 – 11:00</p> <p>Resumes 1:30 – 3:30</p>	<p><b>26</b></p> <p>Workplace Values 9:00 – 11:00</p> <p>Phone Interview 1:30 – 2:30</p>

Phone: 303.636.1160

[www.adworks.org](http://www.adworks.org)



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### Workshop Handouts:

Ageless Career Search: [https://www.adworks.org/pdf/Ageless\\_Career\\_Search\\_Handout.pdf](https://www.adworks.org/pdf/Ageless_Career_Search_Handout.pdf)

Career Kickstart: [https://www.adworks.org/pdf/Career\\_Kick\\_Start\\_Handout.pdf](https://www.adworks.org/pdf/Career_Kick_Start_Handout.pdf)

Career Reinvention: [https://www.adworks.org/pdf/Career\\_Reinvention\\_handouts\\_full.pdf](https://www.adworks.org/pdf/Career_Reinvention_handouts_full.pdf)

Discovering ADW: <https://www.adworks.org/pdf/Discover.pdf>

Emotional Intelligence: [http://www.adworks.org/pdf/EO\\_Handout.pdf](http://www.adworks.org/pdf/EO_Handout.pdf)

Interviews: [http://www.adworks.org/pdf/Interviewing\\_Handout.pdf](http://www.adworks.org/pdf/Interviewing_Handout.pdf)

LinkedIn: [http://www.adworks.org/pdf/LinkedIn\\_Handout\\_12-1-2018.pdf](http://www.adworks.org/pdf/LinkedIn_Handout_12-1-2018.pdf)

Networking: [http://www.adworks.org/pdf/Networking\\_Handout.pdf](http://www.adworks.org/pdf/Networking_Handout.pdf)

Phone Interviews: [http://www.adworks.org/pdf/Phone\\_Interviewing\\_Handout.pdf](http://www.adworks.org/pdf/Phone_Interviewing_Handout.pdf)

Resumes: [http://www.adworks.org/pdf/Resume\\_Handout\\_updated.pdf](http://www.adworks.org/pdf/Resume_Handout_updated.pdf)

Salary Negotiations: [http://www.adworks.org/pdf/Salary\\_Handout.pdf](http://www.adworks.org/pdf/Salary_Handout.pdf)

**AGELESS CAREER SEARCH** will examine the five generations currently in our workforce, what makes them unique and how to leverage the strengths of each group.

**CAREER KICK START** reviews the tools and competencies necessary to conduct a successful job search in the 21st century.

**CAREER REINVENTION** is designed for experienced professionals seeking to change careers. It explores how to; reconcile past issues that have clouded your confidence, redefine who you are and what you want to do, devise a personal reinvention plan and build an active professional network.

**DISCOVERING ARAPAHOE/DOUGLAS WORKS!** will explore the programs, services and workshops offered at Arapahoe/ Douglas Works! Information regarding UI Job contact requirements will also be provided.

**EMOTIONAL INTELLIGENCE** or "EQ" is one of the greatest predictors of workplace success, and unlike IQ, it can be developed and improved with practice. In this workshop, you will learn just how important EQ is, in what ways it impacts your job search, and how to improve your own with simple to learn strategies.

**ENGAGE WITH A CAREER ADVISOR** Take this opportunity to engage with a Career Advisor. We will answer many of the most common questions, provide insight into the job market and job search experience.

**INTERVIEWING PART 1** This workshop looks at the preparation required before an interview and gives insight into what happens in different types of interviews including panel, and telephone. This workshop is presented by experienced Career Services Advisors who can provide information learned from working with recruiters

**LINKEDIN** is designed to provide a basic overview of what it is, how to build your profile, make connections, find jobs, follow companies and grow your professional network.

**MOCK INTERVIEWING** is practice in a mock interview setting with your fellow peers, and the workshop Career Services Advisors. **Interviewing Part 1 is required prior to attending Mock Interviewing.**

**NETWORKING** Your handshake is the most powerful tool in your job search! This workshop will show you the importance and value of traditional networking throughout your career, and provide you with ideas to open new doors.

**PHONE INTERVIEW** A common first step in the hiring process is a phone interview or screening. This workshop will give you insights on how to better prepare for the call and ace the interview!

**RESUMES PART 1** This workshop will provide a framework for creating an effective resume or improving the one you already have. You will learn to list the essential information you need to develop a great resume in a competitive job environment.

**SALARY NEGOTIATIONS** Salary negotiation is an important component in increasing your salary earnings when landing a new position, getting promoted, or after a performance review. Most employers are willing to negotiate salaries but most candidates will not make an effort.

**WORKPLACE VALUES** are an important indicator of organizational culture. Explore your personal values and how to use that information to determine organizational fit and potential job satisfaction.