

January 2026

A/D Works! Workshops

IN-PERSON WORKSHOPS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Office Closed County Holiday	
5	6	7	8	9
Resumes @ Castle Rock 1:30pm - 2:30pm	Interviewing @ Castle Rock 9am - 11am Taller de Currículum @ Aurora 9am - 11am Resumes @ Centennial 2pm - 3pm	Fair Chance Employment @ Castle Rock 9:30am-10:30am	Interviewing @ Aurora 9am - 11am Generations @Work! Job Seekers Networking Session @ Centennial 10:30am - 12pm	
12	13	14	15	16
Career Exploration @ Castle Rock 1:30pm - 2:30pm	Technology & Job Search @ Castle Rock 9am - 11am Interviewing @ Centennial 2pm - 4pm		Generations @Work! Job Seekers Networking Session @ Centennial 10:30am - 12pm Interviewing @ Aurora 2pm - 4pm	

<p style="text-align: right;">19</p> <p>Office Closed County Holiday</p>	<p style="text-align: right;">20</p> <p>Taller de Entrevista @ Aurora 9am - 11am</p> <p>Technology & Job Search @ Castle Rock 1:30pm-3:30pm</p> <p>Emotional Intelligence @ Centennial 2pm - 4pm</p>	<p style="text-align: right;">21</p> <p>Intro to BAC @ Aurora 2pm - 3pm</p>	<p style="text-align: right;">22</p> <p>Resumes @ Aurora 9am - 10am</p> <p>Generations @Work! Job Seekers Networking Session @ Centennial 10:30am - 12pm</p>	<p style="text-align: right;">23</p>
<p style="text-align: right;">26</p> <p>Career Exploration @ Castle Rock 9am - 10am</p>	<p style="text-align: right;">27</p> <p>Workplace Values @ Centennial 9am - 11am</p> <p>Interviewing @ Castle Rock 1:30pm - 3:30pm</p>	<p style="text-align: right;">28</p> <p>Basic Financial Literacy @ Castle Rock 2pm - 3pm</p>	<p style="text-align: right;">29</p> <p>Generations @Work! Job Seekers Networking Session @ Centennial 10:30am - 12pm</p>	<p style="text-align: right;">30</p>

Arapahoe/Douglas Works! is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.

Arapahoe/Douglas Works! programs are federally funded with \$18,730,452.65 (~78 percent) through the U.S. Department of Labor. Additionally, ~22 percent (\$5,326,786.07) is financed by non-federal sources.

3 Keys to Difficult Transitions The only certainty in life is change. We are either getting ready to go through a change, or currently experiencing change. Learn how to turn our transitions into learning opportunities.

Ageless Career Search Examine the five generations currently in our workforce, what makes them unique, and how to leverage the strengths of each group.

Basic Financial Literacy A basic introduction to financial literacy such as management of forms of income, creating a budget, understanding your paycheck, and self-employment.

Career Exploration Explore your barriers to employment and explore potential career paths.

Career Kick Start Learn the tools and competencies necessary to conduct a successful job search.

Career Reinvention Explore how to reconcile past issues that have clouded your confidence; redefine who you are and what you want to do; devise a personal reinvention plan; and build an active professional network.

Conflict Transformation Examine how conflicts develop and identify practical approaches to conflict prevention and management.

Discovering A/D Works! Explore programs, services and workshops that can help you level up your job search.

Disrupting Ageism Identify ageist self-talk, and develop career-enhancing skills that communicate self-confidence, value teamwork, and support collaboration across age groups.

Emotional Intelligence Learn the importance of EQ and how it impacts your job search

Fair Chance Employment Learn about Colorado's fair chance employment laws, as well as tips on discussing your background and other helpful tools and strategies to assist you during your job search.

Generations@Work! Whether you're reentering the workforce, pivoting to a new path, or seeking meaningful employment, this program for job seekers 50+ is designed with you in mind.

- **Skills Lab** Topics vary each week.
- **Job Seekers Networking Session** Join fellow job seekers and share valuable advice, career opportunities, and connections.

Growth Mindset Discuss the concept behind Carol Dweck's research, explore ways to respond to everyday challenges and demands using a growth mindset lens, and learn language to help reshape the way we speak and think.

Interviewing The preparation required before an interview and insight into different types of interviews including panel and telephone.

Introduction to BAC Dedicated to exploring the various assessments at The Business & Assessment Center and how they can help you level up in your career journey.

Job Seekers Network Connect with fellow job seekers to share valuable advice, career opportunities, and connections.

LinkedIn A basic overview of how to build your profile, make connections, find jobs, follow companies, and grow your professional network.

O*Net OnLine Learn to navigate and use O*NET OnLine, a comprehensive web application that provides detailed descriptions of occupations. Begin to explore career options, identify skill requirements, and make informed decisions about your career path.

Overcoming Job Loss This workshop focuses on practical skills to manage strong emotions, practice self-care, and develop self-empowerment strategies to not only survive job loss, but also to thrive in future ahead.

Personal Finance After Job Loss Practical advice and guidance on how to manage finances during a job loss. Budgeting, negotiating utility, mortgage, and other payments, accessing community resources, and identifying new ways to reduce spending and increase income.

Resumes Provides a framework for creating an effective resume or improving the one you already have. You will learn to list the essential information you need to develop a great resume in a competitive job environment.

Remote Work Explore skills needed for remote work and the best job boards to use to find it.

Salary Negotiations An important component in increasing your salary earnings when landing a new position, being promoted, or after a performance review. Most employers are willing to negotiate salaries, but most candidates will not attempt it.

Technology and Job Search New technology can be a useful tool in your job search. Learn how to use it effectively.

Workplace Values Explore your personal values and determine organizational fit for potential job satisfaction.

Connect with a Career Services Advisor - <https://bit.ly/3TiuGu>

 @adworks303

 Arapahoe/Douglas Works!

