Career Reinvention

An expedition, not a day trip

Reasonable Accommodations Available Upon Request

Arapahoe/Douglas Works! Workforce Center
6964 S. Lima Street • Centennial, CO 80112
www.adworks.org
Thank you for choosing to attend our Career Reinvention workshop brought to you by the Arapahoe/Douglas Works! Facilitation team.

We facilitate all our workshops as if they are in a live classroom setting. Please be respectful and mindful of your camera if your video is on.
Objectives

“Career” has changed

6 Step process of a career change while exploring the new tools for a change
“Career” Then – Breakout Room

When you started your career what where your expectations for your career path?

How and why have those expectations changed?
“Career” Now

Industry expectations are changing faster

No longer a straight line to retirement

Switching careers is NOT seen as a negative

401K rollovers are a way of life
6 Step Process of a Career Change
Step One

Get to know yourself

Prepare for the challenges you may face
Know yourself

What are you changing to?
Hobbies might not be careers

It’s on you to own your vision
Assessments – Strengths, Values, Skills

Common myths of a career change
Be my own boss, more money, freedom
Challenges

Not able to start at the goal job

Take less money now to work your way back up the pay scale

Time with family to reach your goals

Learning new skills can be scary/hard
Step Two

What do you need to know about making a change?

Research industries to better understand the expectations

Set-up Informational Interviews with those in the “know”
Be flexible during the journey

Step away from your comfort zones
Research

Onetonline.org
EMS1 Career Coach
Glassdoor.com
LinkedIn.com
Public Libraries
Job Shadow
Informational Interviews

Talk to those who are doing it now

Don’t be afraid to ask

Have a set list of questions

Ask for additional referrals

Thank you notes/emails

Build up your NETWORK
Step Three

Build up your network

Reinvention Committee

Networking connectors
Clued in colleagues
Warm and fuzzy supporters
Drill Sergeants
Industry locals
Networking Connectors

Networking Experts - Someone with great connections who can put you in touch with others who may be able to help you.
Clued in Colleagues

Past Colleagues - Someone you’ve worked with, who knows your strengths and weaknesses and can discern whether an opportunity is a good match for you and your skills.
Warm & Fuzzy Supporters

Good Friends -
That will catch you if you fall and can make you feel grounded in moments of despair.
Drill Sergeants

Motivators -
They help you get over yourself when you’re paralyzed by fear. They have no patience for excuses, but are nevertheless fully supportive
Industry Locals

Inside People - Someone who knows the industry you are planning to enter and has important insider knowledge about the culture – knowledge you wouldn’t otherwise have.
Step Four

Look ahead and plan for struggles

Build your plan

Utilize the onetonline.org worksheet
Your Plan

Build your mind map

© Paul Foreman http://www.mindmapinspiration.com
Step 1.
Occupation Quick Search:
Tell you want to research.

Step 2.
Choose the best result.

Step 3.
Look over the sections:
- Tasks
- Technology Skills
- Knowledge
- Skills
- Abilities
- Work Activities

Step 4.
What education is needed?

Step 5.
Closely related occupations

Step 6.
Find the starting salary in Colorado
$ ________________________

Whether you think you can or you think you can’t, you’re right.

Henry Ford
Step Five

Make a list of all the positive ways the new career will impact your life

- Personal fulfilment
- Relationships
- Money
- Time
- Health
Positivity – Breakout Room

Talk with your group about the positive ways your life will change

Personal fulfilment
Relationships
Money
Time
Health
Step Six

Put it into action

Start with an action plan
Create a core resume
Build targeted resumes
Learn the new interviewing techniques and technology
Keep in mind

You’re the one driving the change
Take small actions
Personal fulfilment
Trust your instincts
Find your “walk away point”
Your journey will be different
TRY

TIME TO

REINVENT

YOURSELF
Thank you for attending our workshop today.

We’d appreciate your feedback. Please click on the link below to access our workshop evaluation. We especially enjoy your personal comments.

Workshop Evaluation, link

PowerPoint and Handout, link
https://www.adworks.org/index.php/job-seekers/online-powerpoint-workshops/

To reach a Career Services Advisor, link
https://www.adworks.org/job-seekers/
Resources

