





Ageless Career Search

Baby Boomers	Generation X	Millennials	Generation Z
Vietnam Civil Rights Movement Apollo Moon Landings Job Security Trust in Employers Television Telephone Hard Working Innovators Woodstock 	End of Cold War Latch-key Kids Challenger Space Shuttle Work-Life Balance Portfolio Careers Personal Computers E-Mail Independent Mobility Internet 	Iraq Wars Columbine—9/11 Social Media Freedom/Flexibility Job Hoppers Smart Phone Text Community Immediacy Diversity 	War on Terror School Shootings Social Media x 10 Passion Careers Entrepreneurs Technology Natives Snapchat and Emojis Product Ambassadors Instant World Diversity 



a widely held but fixed and oversimplified image or idea of a particular type of person or group

Turn that - into a +

1. List 3 things you're grateful for.
2. Write a message to a member of your network.
3. Journal about positivity.
4. Meditate for 2 minutes.
5. Exercise for 10 minutes.



- IN WRITING**
- Social Media Brand
 - Professional Worth
 - Career History
 - School Dates
 - Total Experience
 - Fight Stereotypes

- NETWORKING**
- Neutral Look
 - Try Technology
 - Shake Hands
 - Practice
 - Get Out There
 - Fight Stereotypes



COMMUNICATION

Stereotypes -

They make **one** story become the **only** story -

Chimamanda Ngozi Adichie

