The Career Kick Start workshop reviews the tools and competencies necessary to conduct a successful job search in the 21st century.

How to Research Occupations

<table>
<thead>
<tr>
<th>CAREERS</th>
<th>COMPANIES</th>
</tr>
</thead>
<tbody>
<tr>
<td>EMSI Career Coach</td>
<td>Company Website</td>
</tr>
<tr>
<td>connectingcolorado.com</td>
<td>Visit the Company</td>
</tr>
<tr>
<td>builtincolorado.com</td>
<td>Network</td>
</tr>
<tr>
<td>myskillsmyfuture.org</td>
<td>Company Culture</td>
</tr>
</tbody>
</table>

How to Research Occupations:

- Research careers that interest you
- Build your résumé
- Look at Labor Market Information
- Research salary information
- Find green/growing occupations
- Compare skills to occupations

Use O*NET OnLine to:

- Dress for success
- Polished elevator speech
- Create a social media brand
- Talk positive and stay positive

“Happiness is not the belief that we don’t need to change; it’s the realization that we can.”

- Shawn Achor