

Career Reinvention

An expedition,
not a day trip

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Objectives

“Career” has changed

6 Step process of a career change
while exploring the new tools for a
change

"Career" Then – Breakout Room

When you started your career what where your expectations for your career path?

How and why have those expectations changed?

"Career" Now

Industry expectations are changing faster

No longer a straight line to retirement

Switching careers is NOT seen
as a negative

401K rollovers are a way of life

6 Step Process of a Career Change



Step One

Get to know yourself

Prepare for the challenges you may face

Know yourself

What are you changing to?

Hobbies might not be careers

It's on you to own your vision

Assessments – Strengths, Values, Skills

Common myths of a career change

Be my own boss, more money, freedom

Challenges

Not able to start at the goal job

Take less money now to work your way back up the pay scale

Time with family to reach your goals

Learning new skills can be scary/hard

Step Two

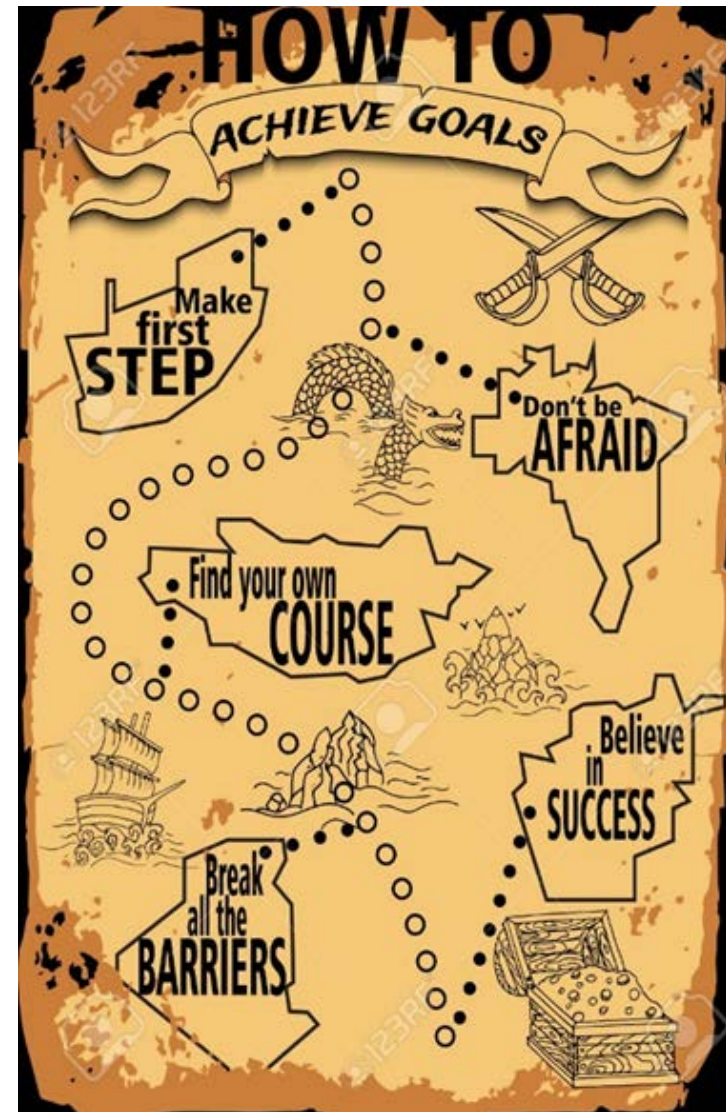
What do you need to know about making a change?

Research industries to better understand the expectations

Set-up Informational Interviews with those in the “know”

Be flexible during the journey

Step away from your comfort zones



Research

Onetonline.org

EMSI Career Coach

Glassdoor.com

LinkedIn.com

Public Libraries

Job Shadow

Informational Interviews

Talk to those who are doing it now

Don't be afraid to ask

Have a set list of questions

Ask for additional referrals

Thank you notes/emails

Build up your NETWORK

Step Three

Build up your network

Reinvention Committee

Networking connectors

Clued in colleagues

Warm and fuzzy supporters

Drill Sergeants

Industry locals

Networking Connectors

Networking Experts -

Someone with great connections who can put you in touch with others who may be able to help you.



Clued in Colleagues

Past Colleagues -

Someone you've worked with, who knows your strengths and weaknesses and can discern whether an opportunity is a good match for you and your skills.



Warm & Fuzzy Supporters

Good Friends -

That will catch you if you fall and can make you feel grounded in moments of despair.



Drill Sergeants

Motivators -

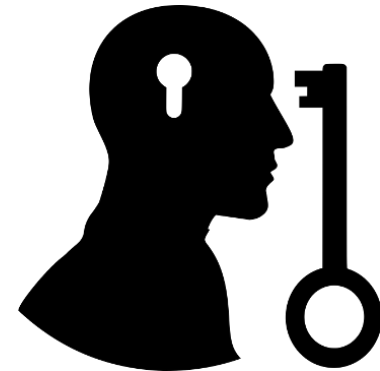
They help you get over yourself when you're paralyzed by fear. They have no patience for excuses, but are nevertheless fully supportive



Industry Locals

Inside People -

Someone who knows the industry you are planning to enter and has important insider knowledge about the culture – knowledge you wouldn't otherwise have.



Step Four

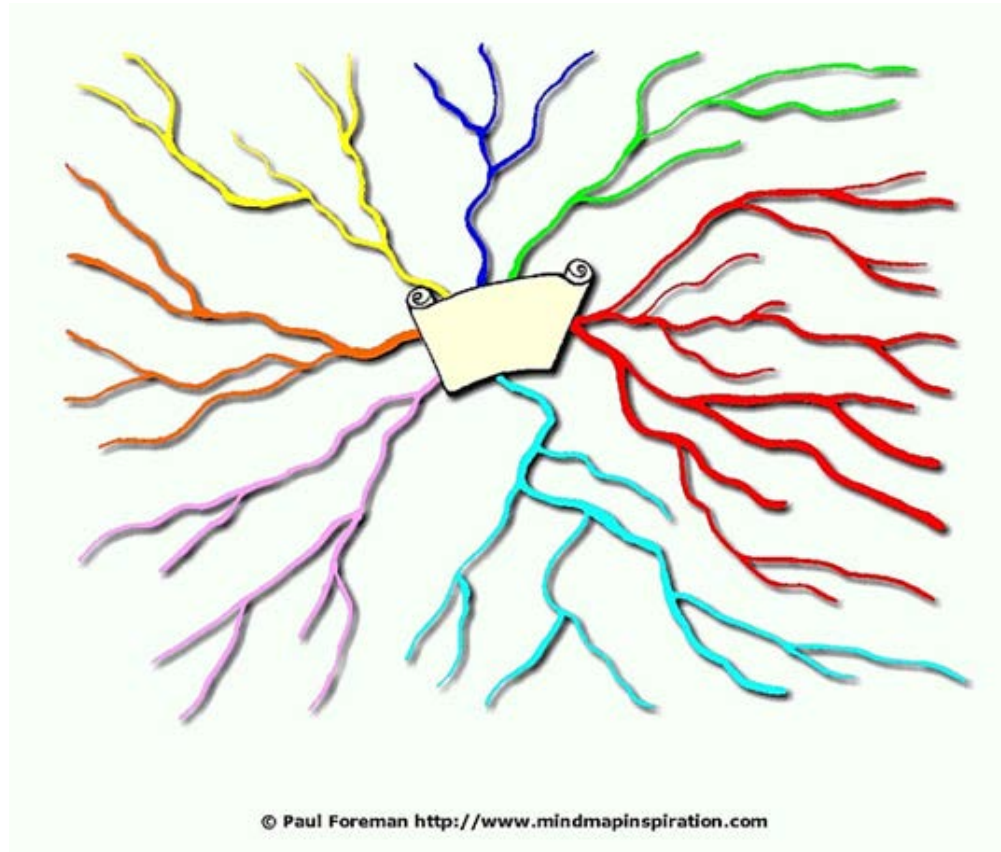
Look ahead and plan for struggles

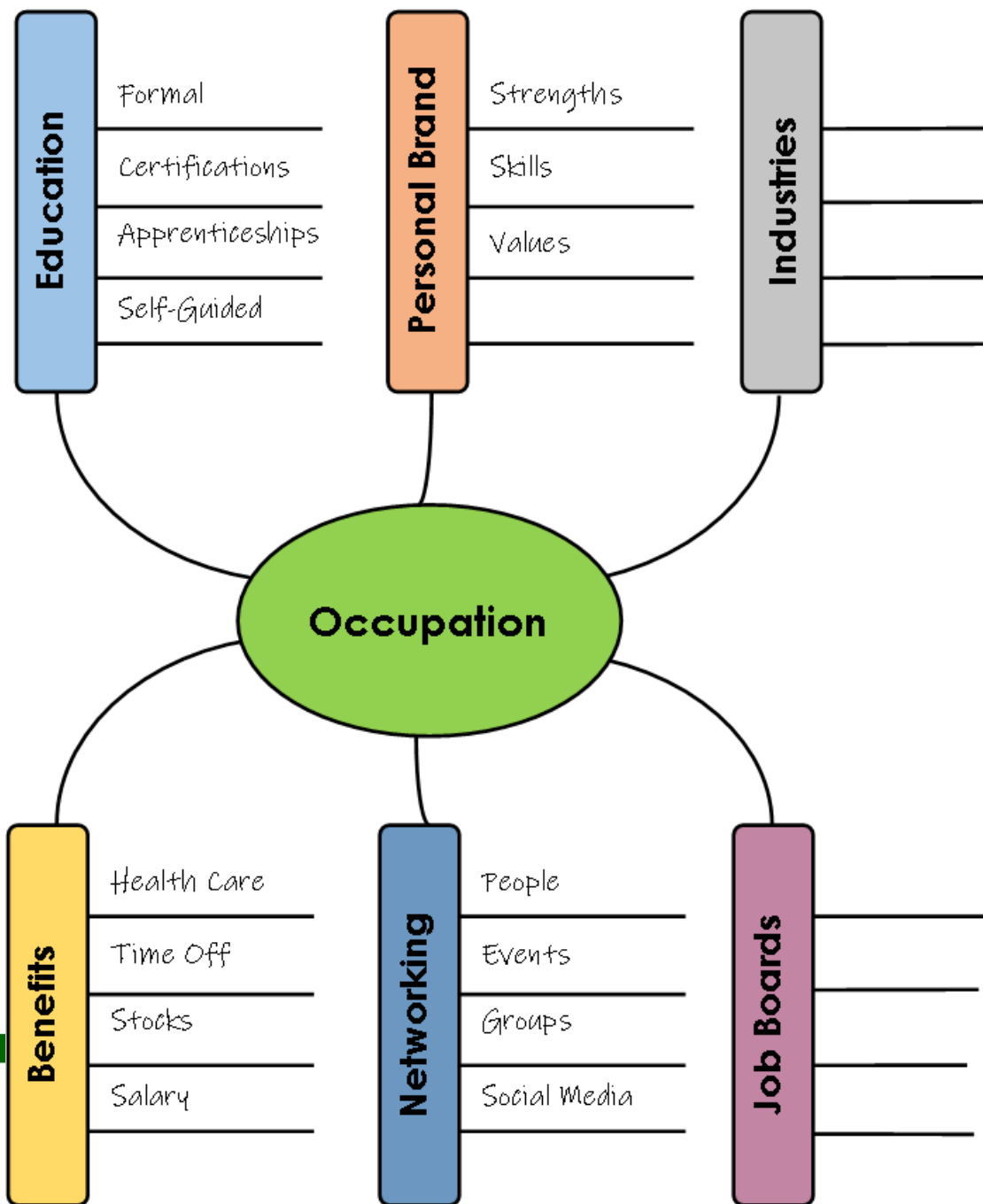
Build your plan

Utilize the onetonline.org worksheet

Your Plan

Build your mind map





Onetonline.org

www.onetonline.org Worksheet

O*NET OnLine

Help Find Occupations Advanced Search Crosswalks Share O*NET Sites

Build your future with O*NET OnLine.

Welcome to your tool for career exploration and job analysis!

What's New?
Updated military information included in O*NET websites
[Learn More](#)
Get O*NET news by email or RSS

Showing top 20 occupations for **Nurse**. Closest matches are shown first.

Code	Occupation	Outlook
29-1141.00	Registered Nurses	Bright Outlook
29-1141.01	Acute Care Nurses	
15-1211.01	Health Informatics Specialists	
29-1091.00	Health Education Specialists	
29-2056.00	Veterinary Technologists and Technicians	
31-9095.00	Veterinary Assistants and Laboratory Animal Caretakers	
29-1141.04	Clinical Nurse Specialists	
29-1171.00	Nurse Practitioners	

Tasks
0 of 28 displayed

- Maintain accurate, detailed reports and records.
- Administer medications to patients and monitor patients for reactions or side effects.
- Record patients' medical information and vital signs.
- Monitor, record, and report symptoms or changes in patients' conditions.
- Consult and coordinate with healthcare team members to assess, plan, implement, or evaluate patient care plans.

Education
Percentage of Respondents by Education Level Required

Education Level	Percentage of Respondents
Associate's degree	41
Bachelor's degree	27
Some college, no degree	11

Related Occupations
0 of 8 displayed

Code	Occupation	Outlook
29-1126.00	Respiratory Therapists	
29-1141.01	Acute Care Nurses	
29-1141.03	Critical Care Nurses	
29-2031.00	Cardiovascular Technologists and Technicians	
29-2061.00	Licensed Practical and Licensed Vocational Nurses	Bright Outlook

Wages & Employment Trends

Median wages (2019) \$35.24 hourly, \$73,300 annual

State wages Colorado Go

Local wages ZIP Code Go

Employment (2019) 3,096,700 employees

Projected growth (2019-2029) **Fast** Faster than average (5% to 7%)

Projected job openings (2019-2029) 175,900

State trends Colorado Go

Colorado: \$54,940, \$75,100, \$101,390

Step 1.
Occupation Quick Search:
Title you want to research:

Step 2.
Choose the best result

Step 3.
Look over the sections

- Tasks
- Technology Skills
- Knowledge
- Skills
- Abilities
- Work Activities

Step 4.
What education is needed?

Step 5.
Closely related occupations

Step 6.
Find the starting salary in Colorado

\$ _____

Whether you think you can
or you think you can't,
you're right

Henry Ford

Step Five

Make a list of all the positive ways
the new career will impact your life

Personal fulfilment

Relationships

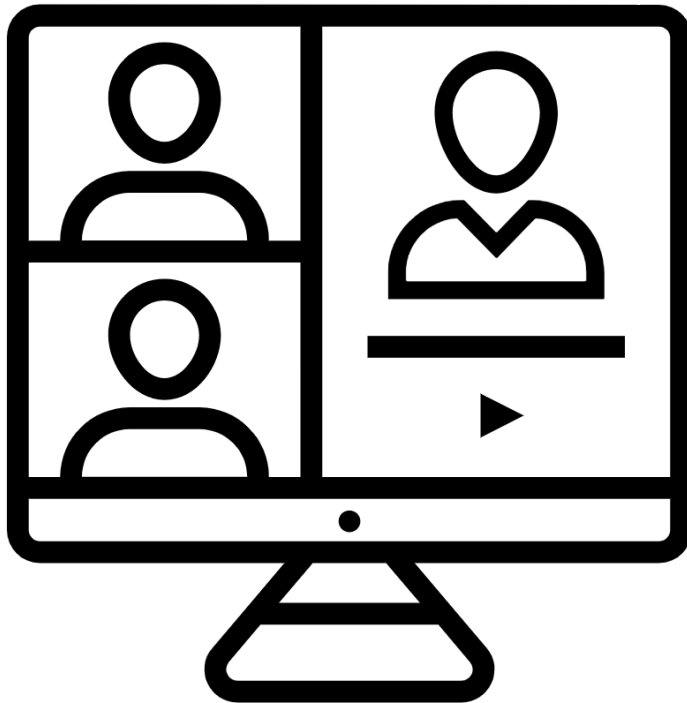
Money

Time

Health

Positivity – Breakout Room

Talk with your group about the positive ways your life will change



Personal fulfilment

Relationships

Money

Time

Health

Step Six

Put it into action

Start with an action plan

Create a core resume

Build targeted resumes

Learn the new interviewing
techniques and technology

Keep in mind

You're the one driving the change

Take small actions

Personal fulfilment

Trust your instincts

Find your "walk away point"

Your journey will be different

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R REINVENT
Y YOURSELF



Resources

Mitchell, P. (2011). *The 10 laws of career reinvention: essential survival skills for any economy*. New York: Prentice Hall Press.

Blake, J. (2017). *Pivot*. Penguin USA.

Tarnoff, J. (2017). *Boomer reinvention: how to create your dream career over 50*. Los Angeles: Reinvention Press.

Presentation Finished...

Please take this time to complete
the
Workshop Evaluations

1 is a low score

5 is a high score

Thank you for your time!



Any Questions?