

Career Reinvention Summary

Step 1

Action - List 3-4 ideas that could deliver your desired lifestyle

Ponder - What are the things I love most about my life right now?

Step 2

Action - Practice tuning into your body's signals when making decisions

Ponder - What is my body telling me that I am afraid to hear?

Step 3

Action - Pursue 3 options to get around your biggest excuse

Ponder - What would life look like if you gave up all your excuses?

Step 4

Action - Explore two unobvious career options

Ponder - What other times have I pursued the road less traveled and succeeded?

Step 5

Action - Make a list of job duties and break them down into a list of skills

Ponder - What tools do I have? Am I willing to get new ones I need?

Step 6

Action - Reach out to potential board candidates

Ponder - Where can I pay it forward and give without expectation of pay back?

Step 7

Action - Set up networking meetings with 3 Natives.

Ponder - What are the downsides I am willing to deal with to have the upsides of my career?

Step 8

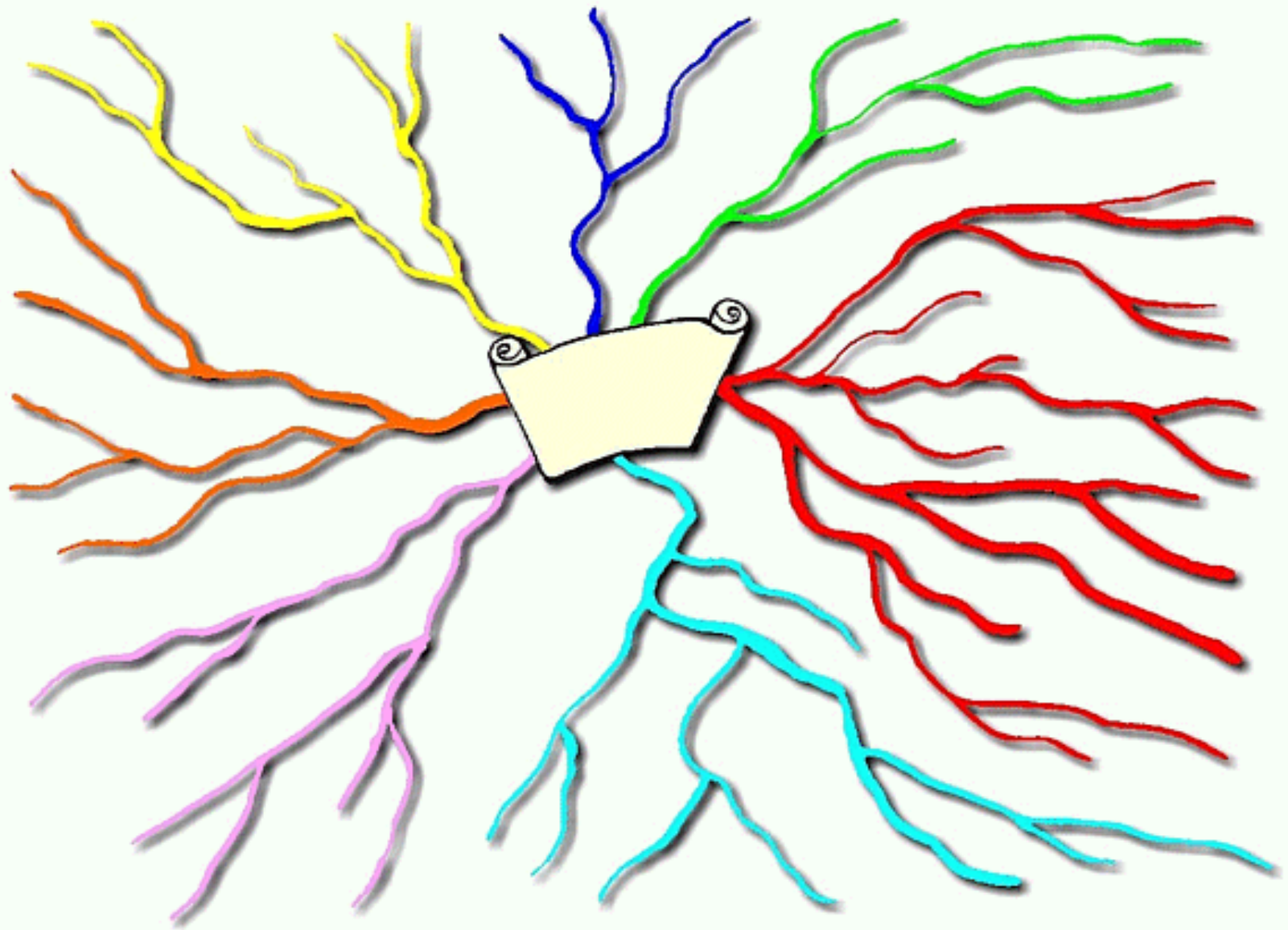
Action - Plan to reward yourself when you complete a reinvention task

Ponder - What enjoyable activities can I pursue while on this reinvention journey?

Step 9

Action - Remind yourself of past challenges you've overcome.

Ponder - How determined am I to succeed?



Career Reinvention Board Members

Master connectors – champion networker, someone who links you to the world

When you need a connection to someone call me!

If you need to know something about someone call me!

I can set you up with informational interviews.

Career Reinvention Board Members

Clued in colleagues – this is someone you have worked with who has seen you in action

I can help you analyze opportunities.

I know your talents and strengths.

I know where you are strong and where you have weaknesses.

Career Reinvention Board Members

Warm and fuzzy folks – this is the friend who is guaranteed to lift your spirits

I know this reinvention is hard but you have all the skills you need to succeed.

You were successful before and you will be again.

You have amazing talents and any organization would be lucky to have you.

Career Reinvention Board Members

Drill sergeants – call this person when you are stuck in a rut

I have your best interests at heart but you need to get over this disappointment and get back to what is important.

You have the tools now use them.

You have a plan now stick to your deadlines to accomplish what you need to accomplish.

Career Reinvention Board Members

Natives – this is the person who is familiar with the lay of the land

I can help with who the important players are.

I know what the trends are and what the current scuttlebutt is about this profession.

I can give you some tips on how to mesh with the culture and speak the language.