This workshop will explore the programs, services and workshops offered at Arapahoe/Douglas Works! Information regarding UI Job contact requirements will also be provided.

Sites for Labor Market Information
- www.onetonline.org
- EMSI Career Coach
- www.myskillsmyfuture.org
- www.colmigateway.com

Unemployment Insurance Job Contacts  
(Keep for 2 Years!!!)
- Application
- Interviews
- Assessments
- Networking Events
- Résumé on Job Boards
- Professional Networking Site
- Career Readiness Workshops

The Workshops You Should Take
- Ageless Career Search
  Leverage your experience in your search
- Career Kick Start
  Searching for a new career is tough... We can help!
- Career Reinvention
  Seeking a career change is a must
- Emotional Intelligence
  Knowing emotion success
- Interviewing 1 & Mock Interview
  Know yourself to sell yourself!
- Job Boards
  What are they and how to use them
- LinkedIn
  You’ve got a lot to learn
- Networking
  You know people, they know people, and they can help you
- Phone/Virtual Interviews
  How to prepare for the call
- Positive Psychology & Growth Mindset
  Focus on your strengths
- Résumé Concepts 1 & 2
  The complete guide to modern formats and styles
- Salary Negotiation
  Leverage your experience in your search
- Workplace Values
  Determine YOUR fit

Workforce Innovation & Opportunity Act Program

**ADULT & DISLOCATED WORKER**
- Assistance with job leads
- Résumé assistance and critique
- Mock interviewing
- Employment readiness workshops
- Talent marketability
- Education and career assessments
- Labor market research
- Short term training assistance

**YOUNG ADULT - FUTURE U**  
*(16-24 years old)*
- Career counseling
- GED preparation
- Financial help for education
- Mentoring
- Referrals to school

Update your ConnectingColorado.com profile!
- Unemployment Insurance status
- Your personal information needs to match
- Include recent job history

To see our other workshops, visit https://rebrand.ly/pspqtwv.

CONTACT US
303.636.1160
www.adworks.org

Arapahoe/Douglas Works! is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.