MENTAL HEALTH RESOURCES

There are many resources available to help with mental health or substance use. Explore and click on the programs below to learn more.

If you are experiencing a crisis, call 911 or reach out to Colorado Crisis Services by calling 1-844-493-8255 or texting TALK to 38255.

- **COLORADO BEHAVIORAL HEALTH ADMINISTRATION**
  Find Behavioral Health Help:
  https://bha.colorado.gov/get-behavioral-health-help

- **COLORADO CRISIS SERVICES**
  https://coloradocrisisservices.org/

- **ALLHEALTH NETWORK**
  https://www.allhealthnetwork.org/

- **NATIONAL ALLIANCE ON MENTAL HEALTH**
  https://www.nami.org/Home

- **OWN PATH**
  Find Colorado mental health and substance use treatment providers:
  https://ownpath.co/