

# MENTAL HEALTH RESOURCES

There are many resources available to help with mental health or substance use. Explore and click on the programs below to learn more.

If you are experiencing a crisis, call 911 or reach out to Colorado Crisis Services by calling 1-844-493-8255 or texting TALK to 38255.

## COLORADO BEHAVIORAL HEALTH ADMINISTRATION

Find Behavioral Health Help:

<https://bha.colorado.gov/get-behavioral-health-help>



## COLORADO CRISIS SERVICES

<https://coloradocrisiservices.org/>



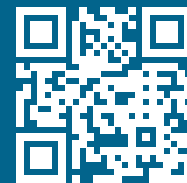
## ALLHEALTH NETWORK

<https://www.allhealthnetwork.org/>



## NATIONAL ALLIANCE ON MENTAL HEALTH

<https://www.nami.org/Home>



## OWN PATH

Find Colorado mental health and substance use treatment providers:

<https://ownpath.co/>

